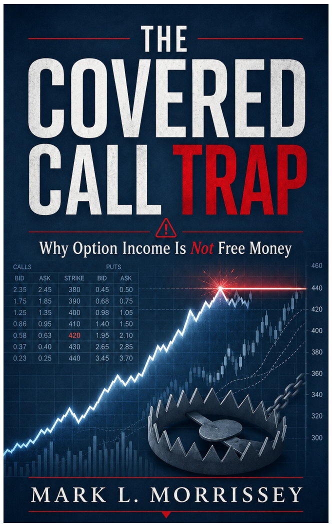

The Covered Call Trap

Why Option Income Is Not Free Money

Free book description PDF from The Practical Retiree Lab

Overview

A plain-English guide to covered calls, option-income funds, and the retirement-income temptation to treat premium as free yield. The book argues that option premium is a price, not a gift: it compensates the seller for giving up something, usually upside, flexibility, tax simplicity, or part of the long-term return profile.

What readers will find

- Explains why covered-call income is not the same thing as a dividend.
- Shows how upside caps, NAV erosion, taxes, and rolling can change the real result.
- Emphasizes total return rather than headline yield or distribution rate.
- Designed for retirees and income investors considering covered-call ETFs or DIY covered calls.

Where to go next

Book page: https://practicalretireelab.com/covered-call-trap/

Amazon: https://www.amazon.com/dp/B0GY25D4RP

Financial and educational note

This book is educational only. It is not investment, tax, legal, or fiduciary advice. Options, ETFs, and retirement withdrawals involve risk, including loss of principal.